



Fajr Tips

20 Ways

To Get Up For Fajr

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Introduction

Al-Teebi (may Allah have mercy on him) said: “The reason why Fajr prayer is singled out... is because of the hardship that it entails, and performing it is a sign of a man’s sincerity and faith, and whoever is a sincere believer is under the protection of Allah”.

[Sharh Mishkaat al-Masaabeeh]

This short book teaches the reader how to overcome the hardship one faces when getting up for Fajr. The fact that you’re reading this book, shows you have the intention to wake up for such an important Salah which benefits you mentally and physically. So Inshallah as you read on you will learn how to wake up for Fajr, and untie the knot which the shaytan puts on your back to prevent you from waking up.

And when My servants ask you, [O Muhammad], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided.

[2:186]

1. Supplication

The first thing to do, is acknowledge that Allah is the One that gives us the ability to do something. Then supplicate to Him and ask the One who gives this blessing for the ability to get up to pray the Fajr Prayer on time. Only with Allah's help can we achieve success even with the basic practises of our religion.



Allah will not call you to account
for thoughtlessness in your
oaths, but for the intention in
your hearts; and He is Oft-
forgiving, Most Forbearing.
[2:225]

2. Intention

It is essential to make the right intention to pray Fajr the night before. This intention must be sincere. This means there should be a genuine desire in our heart to pray Fajr and it should be done solely to earn the pleasure of Allah. If our intentions are really sincere, there is a reward for making such an intention even if there is unwanted failure in carrying out the act.



To each is a goal to which Allah
turns him; then strive together
(as in a race) Towards all that is
good.
[2:148]

3. Motivation

It is essential to make the right intention to pray Fajr the night before. This intention must be sincere. This means there should be a genuine desire in our heart to pray Fajr and it should be done solely to earn the pleasure of Allah. If our intentions are really sincere, there is a reward for making such an intention even if there is unwanted failure in carrying out the act.

